

Westpeak

# Mount Waverly

WestPeak Mount Waverly is located conveniently 2km away from the local shopping district.

WestPeak Mount Waverly's location is also close by to public transport and also nearby shopping, entertainment and medical services.

WestPeak Mount Waverly is registered and regulated by the Department of Health, Victoria. We are registered to cater for a maximum of 22 residents. Our residents consist of people with a range of needs. This includes mental health disabilities, intellectual disabilities, acquired brain injuries (ABI) and also aged care.

At Westpeak, it ALWAYS starts with you and how we can support you with your goals, dreams and needs. Westpeak Mount Waverly has fresh, bright rooms with magnificent garden views. Residents have easy access to public transport and local shops, parks, cafes all in walking distance.



## MISSION

We are committed to strengthen the lives of individuals with a disability and mental health conditions through support, independence and advocacy.

## VISION

Be a prominent organisation that empowers individuals to live well, free from discrimination and stigma associated with mental health and disability.

## VALUES

Safety, Compassion, Professional, Respect, Collaboration and Person-Centred.



### On-site features and services include:

- Home style cooked meals
- Visiting hairdresser, podiatrist, GP
- Regular in-house activities
- Snooker table with competitions held regularly
- Vegetable gardens
- Visiting counsellor
- Clothing laundered
- Linen provided
- Landline telephone usage (local and STD included)



WestPeak Mount Waverly: 14 Bales Street, Mount Waverly, Victoria 3149

At WestPeak Mount Waverly, we want all our residents to thrive. In all aspects of wellbeing and health. This includes spiritual, social, physical, intellectual and aesthetic needs.



### SRS LIVING:

Transitioning to Supported Accommodation is a big decision. We understand that it can be stressful time and full of doubt. At Westpeak Mount Waverly, we promote independence as appropriate amongst our residents through engaging in various activities, programs and education. Instead of losing independence, we encourage our residents to maintain it!

Our experienced team at WestPeak Mount Waverly, you will receive exceptional care and we are here for you. Your room will include all furnishings, we do encourage you to bring along personal items to help it feel and look like your own space.

We encourage you to keep your GP. If you are unable to, the staff will be more than happy to assist you in finding another GP.



### STAFFING:

All staff have a minimum of the following qualification:

- Certificates III-IV in aged care/individual support, mental health and/or disability.
- All staff have first aid (HLTAID003) as well as Mental Health First Aid and all staff are required to keep qualifications updated. Staff will get reminders when certificates need to be renewed. Westpeak is committed to the training and development of the staff at all of the sites.


All staff are trained professionals who undergo a precise interview process before being selected to work for WestPeak Mount Waverly. All staff are reference checked and police checked regularly to give you and your loved one's peace of mind. We honor ourselves on having professional and considerate staff members

### LEISURE AND LIFESTYLE

The leisure and lifestyle program at WestPeak Mount Waverly offer an extensive range of activities that is delivered by qualified staff and practitioners who tailor the programs to meet your needs, preferences and areas of interest. These activities include arts and crafts, fitness classes, meditation, walking groups and monthly BBQs.

### WestPeak Mount Waverly

 14 Bales Street, Mount Waverly, Victoria 3149

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